

Armadale Masters Swimming

Individual Records Report for Armadale-L

Armadale Masters Swimming [WAM] Coach: Heather Croft

Female 30-34 50 Fly

38.85	Rowena Burch at Armadale Club Championships 7 2015	17/10/2015	WAM
38.43 **	Rowena Burch at Armadale Club Championships 9 2016	22/10/2016	WAM

Female 45-49 200 Breast

4:21.89	Gillian Caruso at Armadale Club Championships 1 2016	9/02/2016	WAM
4:14.21 **	Gillian Caruso at Armadale Clu b Championships 9 2016	22/10/2016	WAM

Female 65-69 200 Free

4:44.04	Maria Plant at Newman Churchlands BACC 2011	20/02/2011	WAM
4:32.71 **	Pamela Pearson at Armadale Clu b Championships 9 2016	22/10/2016	WAM