

## Armadale Masters Swimming

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### Individual Records Report for Armadale-S

#### Armadale Masters Swimming [WAM]

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#### Female 45-49 400 Free

<b>7:00.00</b>	<b>Vacant</b>	<b>1/05/2013</b>	<b>WAM</b>
6:49.98 **	Gillian Caruso at Armadale Aerobics 2013	28/05/2013	WAM

#### Female 70-74 800 Free

<b>20:00.00</b>	<b>Vacant</b>	<b>1/05/2013</b>	<b>WAM</b>
19:47.01 **	Maria Plant at Armadale Aerobics 2013	28/05/2013	WAM

#### Male 18-24 400 Breast

<b>10:00.00</b>	<b>Vacant</b>	<b>1/05/2013</b>	<b>WAM</b>
9:33.92 **	Shannon Cairns at Armadale Aerobics 2013	28/05/2013	WAM

#### Male 45-49 400 Back

<b>12:03.09</b>	<b>Sean Jones at Armadale Aerobics 2013</b>	<b>30/04/2013</b>	<b>WAM</b>
9:47.86 **	Colin Gibson at Armadale Aerobics 2013	28/05/2013	WAM

#### Male 55-59 800 Back

<b>19:45.20</b>	<b>Jeffrey Sand at Armadale Aerobics 2013</b>	<b>28/08/2012</b>	<b>WAM</b>
19:41.64 **	Ross Doherty at Armadale Aerobics 2013	28/05/2013	WAM