



## Armadale Masters Swimming Club Club Relay Records Set

### 160-199 200m (4 x 50m) Freestyle Mixed Relay

Armadale				2:19.28	10
1) O'Sheehan, Tania W35					
2) Croft, Charles M67					
3) Dean, Sarah W33					
4) Johnson, Andrew M47					
34.31	39.59	37.04	28.34		

### 200-239 200m (4 X 50M) Medley Mixed Relay

Armadale				2:36.17	18
1) Caruso, Gillian W49					
2) Johnson, Andrew M47					
3) O'Sheehan, Tania W35					
4) Falconer, Fettes M70					
43.83	45.36	38.68	28.30		