

## Armadale Masters Swimming

### RECORDS Armadale Masters SC

#### SC Meters-Female

12-15	100 Medley Relay	1:15.43	<b>1-May-10</b>	WAM	Nicole Badani, Heather Adams, Catriona Adams, Gillian Adams
16-19	100 Free Relay	1:09.86	<b>2-May-10</b>	WAM	Catrions Adams, Nicole Badani, Mary Plant, Gillian Caruso
18-24	25 Free	16.32	<b>14-Jul-12</b>	WAM	Jacqueline Briggs at Armadale Club Championships 6 2012
	50 Free	35.08	<b>19-Jun-11</b>	WAM	Jacqueline Briggs at Mandurah BACC 2011
	100 Free	1:08.34	<b>1-May-10</b>	WAM	Catriona Adams at Masters Swimming WA State Championships 2010
	200 Free	3:12.44	<b>2-Jul-11</b>	WAM	Jacqueline Briggs at Armadale Club Championships 5 2011
	400 Free	7:01.64	<b>28-Jun-11</b>	WAM	Jacqueline Briggs at Armadale Aerobics 2011
	800 Free	11:28.98	<b>27-Apr-10</b>	WAM	Catriona Adams at Armadale Aerobics 2010
	50 Back	35.46	<b>1-May-10</b>	WAM	Catriona Adams at Masters Swimming WA State Championships 2010
	100 Back	1:14.86	<b>1-May-10</b>	WAM	Catriona Adams at Masters Swimming WA State Championships 2010
	400 Back	7:28.54	<b>19-May-11</b>	WAM	Jacqueline Briggs at Armadale Aerobics 2011
	100 Breast	2:06.62	<b>31-Jul-10</b>	WAM	Helen Rossi at Armadale Club Championships 3 2010
	200 Breast	4:25.95	<b>14-Jul-12</b>	WAM	Jacqueline Briggs at Armadale Club Championships 6 2012
	25 Fly	20.58	<b>1-Oct-11</b>	WAM	Jacqueline Briggs at Armadale Club Championships 8 2011
	100 IM	1:16.17	<b>1-May-10</b>	WAM	Catriona Adams at Masters Swimming WA State Championships 2010
	200 IM	2:44.85	<b>1-May-10</b>	WAM	Catriona Adams at Masters Swimming WA State Championships 2010
20-23	100 Medley Relay	1:37.42	<b>4-Jul-10</b>	WAM	Linda Cragg, Lexie Rankin, Gillian Caruso, Liz Dunn
25-29	50 Free	46.81	<b>13-Jun-10</b>	WAM	Claire Dowling at Mandurah BACC 2010
	100 Free	1:37.24	<b>6-Jun-09</b>	WAM	Jacinta Pleiter at Armadale Club Championships 2 2009
	400 Free	8:09.21	<b>1-Aug-09</b>	WAM	Jacinta Pleiter at Armadale Aerobics 2009
	50 Breast	50.91	<b>13-Jun-10</b>	WAM	Claire Dowling at Mandurah BACC 2010
	800 Breast	17:50.13	<b>11-May-10</b>	WAM	Claire Dowling at Armadale Aerobics 2010
30-34	50 Free	34.55	<b>8-May-10</b>	WAM	Nicole Badani at Club Championships 1 2010
	25 Back	19.10	<b>5-Jul-09</b>	WAM	Nicole Badani at Swan Hills BACC 2009
	50 Back	39.03	<b>7-Apr-10</b>	WAM	Nicole Badani at National Championships 2010
	100 Back	1:25.47	<b>1-May-10</b>	WAM	Nicole Badani at Masters Swimming WA State Championships 2010
	200 Back	3:10.20	<b>7-Apr-10</b>	WAM	Nicole Badani at National Championships 2010
	50 Breast	48.47	<b>15-Jun-08</b>	WAM	Nicole Badani at Mandurah BACC 2008
	400 Breast	7:52.44	<b>13-Sep-08</b>	WAM	Nicole Badani at Armadale Aerobics 2008
	25 Fly	18.31	<b>5-Jul-09</b>	WAM	Nicole Badani at Swan Hills BACC 2009
	100 IM	1:28.02	<b>1-May-10</b>	WAM	Nicole Badani at Masters Swimming WA State Championships 2010
35-39	50 Free	46.50	<b>13-Jun-10</b>	WAM	Heather Jeps at Mandurah BACC 2010
	100 Free	1:56.22	<b>26-Jul-08</b>	WAM	Michelle Hollamby at Armadale Club Championship 3 2008
	200 Free	4:15.48	<b>28-Jun-08</b>	WAM	Michelle Hollamby at Armadale Club Championship 2 2008
	400 Free	9:24.82	<b>18-Jul-09</b>	WAM	Michelle Hollamby at Armadale Aerobics 2009
	50 Breast	55.22	<b>13-Jun-10</b>	WAM	Heather Jeps at Mandurah BACC 2010
	100 Breast	1:59.44	<b>13-Jun-10</b>	WAM	Heather Jeps at Mandurah BACC 2010
	400 Breast	8:42.90	<b>13-Sep-08</b>	WAM	Michelle Hollamby at Armadale Aerobics 2008
	800 Breast	18:07.87	<b>22-Jul-08</b>	WAM	Michelle Hollamby at Armadale Aerobics 2008
40-44	25 Free	17.25	<b>23-Aug-08</b>	WAM	Gillian Caruso at State Championships 2008
	50 Free	36.63	<b>13-Jun-10</b>	WAM	Gillian Caruso at Mandurah BACC 2010
	100 Free	1:22.60	<b>28-Aug-10</b>	WAM	Gillian Caruso at Armadale Club Championships 4 2010
	200 Free	3:05.22	<b>5-Jul-09</b>	WAM	Gillian Caruso at Swan Hills BACC 2009
	400 Free	6:33.63	<b>19-Jul-12</b>	WAM	Gillian Caruso at Armadale Aerobics 2012
	800 Free	13:11.41	<b>19-May-11</b>	WAM	Gillian Caruso at Armadale Aerobics 2011
	25 Back	19.57	<b>4-Jul-10</b>	WAM	Gillian Caruso at Swan Hills BACC
50 Back	41.14	<b>1-Jul-12</b>	WAM	Gillian Caruso at Swan Hills BACC 2012	

## Armadale Masters Swimming

### RECORDS Armadale Masters SC

40-44	100	Back	1:29.25	<b>4-Jul-10</b>	WAM	Gillian Caruso at Swan Hills BACC	
	200	Back	3:11.38	<b>4-Jul-10</b>	WAM	Gillian Caruso at Swan Hills BACC	
	400	Back	6:49.62	<b>3-Oct-09</b>	WAM	Gillian Caruso at Armadale Aerobics 2009	
	800	Back	14:07.37	<b>11-Aug-09</b>	WAM	Gillian Caruso at Armadale Aerobics 2009	
	25	Breast	35.64	<b>8-Sep-12</b>	WAM	Elaine Vandenbos at Armadale Club Championships 8 2012	
	50	Breast	49.97	<b>24-Jun-12</b>	WAM	Heather Jeps at Mandurah BACC 2012	
	100	Breast	1:50.72	<b>19-Jun-11</b>	WAM	Heather Jeps at Mandurah BACC 2011	
	200	Breast	4:00.18	<b>1-Jul-12</b>	WAM	Heather Jeps at Swan Hills BACC 2012	
	400	Breast	8:25.74	<b>12-Sep-09</b>	WAM	Gillian Caruso at Armadale Club Championships 5 2009	
	25	Fly	18.75	<b>29-Nov-09</b>	WAM	Gillian Caruso at Osborne park BACC 2009	
	50	Fly	41.76	<b>26-Jun-10</b>	WAM	Gillian Caruso at Armadale Club Championships 2 2010	
	100	IM	1:33.22	<b>13-Jun-10</b>	WAM	Gillian Caruso at Mandurah BACC 2010	
	45-49	50	Free	56.65	<b>13-Jun-10</b>	WAM	Kimberley Flatt at Mandurah BACC 2010
		100	Free	2:03.80	<b>26-Jun-10</b>	WAM	Kimberley Flatt at Armadale Club Championships 2 2010
50		Breast	58.28	<b>26-Jun-10</b>	WAM	Kimberley Flatt at Armadale Club Championships 2 2010	
100		Breast	2:12.55	<b>31-Jul-10</b>	WAM	Kimberley Flatt at Armadale Club Championships 3 2010	
50-54	25	Free	23.52	<b>6-Aug-11</b>	WAM	Katja Cappadona at Armadale Club Championships 6 2011	
	50	Free	40.55	<b>24-May-08</b>	WAM	Heather Adams at Armadale Club Championship 1 2008	
	100	Free	1:33.59	<b>13-Jun-10</b>	WAM	Linda Cragg at Mandurah BACC 2010	
	200	Free	3:20.25	<b>23-Aug-08</b>	WAM	Heather Adams at State Championships 2008	
	400	Free	7:19.46	<b>10-May-08</b>	WAM	Heather Adams at Armadale Aerobics 2008	
	800	Free	15:05.81	<b>28-Oct-08</b>	WAM	Heather Adams at Armadale Aerobics 2008	
	25	Back	27.78	<b>3-Sep-11</b>	WAM	Katja Cappadona at Armadale Club Championships 7 2011	
	50	Back	1:00.89	<b>6-Aug-11</b>	WAM	Katja Cappadona at Armadale Club Championships 6 2011	
	100	Back	2:28.10	<b>18-Sep-10</b>	WAM	Helen Gray at Armadale Club Championships 5 2010	
	25	Breast	23.60	<b>23-Aug-08</b>	WAM	Heather Adams at State Championships 2008	
	50	Breast	52.60	<b>23-Aug-08</b>	WAM	Heather Adams at State Championships 2008	
	100	Breast	1:55.59	<b>8-May-10</b>	WAM	Linda Cragg at Club Championships 1 2010	
	200	Breast	4:09.85	<b>23-Aug-08</b>	WAM	Heather Adams at State Championships 2008	
	400	Breast	8:41.89	<b>11-Sep-10</b>	WAM	Linda Cragg at Armadale Aerobics 2010	
	800	Breast	17:51.99	<b>11-May-10</b>	WAM	Linda Cragg at Armadale Aerobics 2010	
	55-59	25	Free	19.17	<b>1-Oct-11</b>	WAM	Linda Cragg at Armadale Club Championships 8 2011
		50	Free	41.68	<b>19-Jun-11</b>	WAM	Linda Cragg at Mandurah BACC 2011
		100	Free	1:34.90	<b>24-Jun-12</b>	WAM	Linda Cragg at Mandurah BACC 2012
200		Free	3:27.40	<b>1-May-10</b>	WAM	Heather Adams at Masters Swimming WA State Championships 2010	
400		Free	7:38.31	<b>28-Jun-11</b>	WAM	Linda Cragg at Armadale Aerobics 2011	
800		Free	15:43.19	<b>20-Jul-10</b>	WAM	Heather Adams at Armadale Aerobics 2010	
25		Back	29.21	<b>3-Sep-11</b>	WAM	Heather Croft at Armadale Club Championships 7 2011	
50		Back	1:00.86	<b>8-Sep-12</b>	WAM	Yvonne Hunt at Armadale Club Championships 8 2012	
100		Back	2:16.50	<b>12-May-12</b>	WAM	Yvonne Hunt at Armadale Club Championships 4 2012	
25		Breast	24.50	<b>8-Sep-12</b>	WAM	Linda Cragg at Armadale Club Championships 8 2012	
50		Breast	52.54	<b>8-Sep-12</b>	WAM	Linda Cragg at Armadale Club Championships 8 2012	
100		Breast	1:55.27	<b>19-Jun-11</b>	WAM	Linda Cragg at Mandurah BACC 2011	
200		Breast	4:07.39	<b>1-Oct-11</b>	WAM	Linda Cragg at Armadale Club Championships 8 2011	
400		Breast	8:41.80	<b>26-Jul-11</b>	WAM	Linda Cragg at Armadale Aerobics 2011	
800		Breast	17:55.17	<b>29-Jun-10</b>	WAM	Yvonne Hunt at Armadale Aerobics 2010	
25		Fly	25.52	<b>3-Sep-11</b>	WAM	Linda Cragg at Armadale Club Championships 7 2011	
100		IM	1:53.54	<b>8-Sep-12</b>	WAM	Linda Cragg at Armadale Club Championships 8 2012	
60-64		25	Free	23.52	<b>11-Aug-12</b>	WAM	Liz Dunn at Armadale Club Championships 7 2012
		50	Free	48.62	<b>4-Jul-10</b>	WAM	Liz Dunn at Swan Hills BACC
		100	Free	1:43.16	<b>4-Jul-10</b>	WAM	Liz Dunn at Swan Hills BACC
	200	Free	3:54.11	<b>2-Jul-11</b>	WAM	Liz Dunn at Armadale Club Championships 5 2011	

## Armadale Masters Swimming

---

### RECORDS Armadale Masters SC

60-64	400 Free	7:42.28	<b>10-Jul-10</b>	WAM	Liz Dunn at Armadale Aerobics 2010
	800 Free	15:47.91	<b>29-Jun-10</b>	WAM	Liz Dunn at Armadale Aerobics 2010
	25 Back	32.81	<b>9-Jun-12</b>	WAM	Liz Dunn at Armadale Club Championships 5 2012
	25 Breast	26.61	<b>11-Aug-12</b>	WAM	Heather Croft at Armadale Club Championships 7 2012
	50 Breast	1:01.27	<b>12-May-12</b>	WAM	Heather Croft at Armadale Club Championships 4 2012
	100 Breast	2:26.05	<b>3-Sep-11</b>	WAM	Liz Dunn at Armadale Club Championships 7 2011
65-69	25 Free	19.82	<b>23-Aug-08</b>	WAM	Pam Badani at State Championships 2008
	50 Free	43.25	<b>15-Jun-08</b>	WAM	Pam Badani at Mandurah BACC 2008
	100 Free	1:41.32	<b>25-Oct-08</b>	WAM	Pam Badani at Armadale Club Championship 6 2008
	200 Free	3:49.58	<b>28-Jun-08</b>	WAM	Pam Badani at Armadale Club Championship 2 2008
	400 Free	7:57.05	<b>26-Apr-08</b>	WAM	Pam Badani at Armadale Club 400m 2008
	800 Free	16:17.54	<b>22-Jul-08</b>	WAM	Pam Badani at Armadale Aerobics 2008
	25 Back	33.26	<b>8-Sep-12</b>	WAM	Maria Plant at Armadale Club Championships 8 2012
	50 Back	57.51	<b>25-Oct-08</b>	WAM	Pam Badani at Armadale Club Championship 6 2008
	50 Breast	1:02.64	<b>1-May-10</b>	WAM	Mary Plant at Masters Swimming WA State Championships 2010
	100 Breast	2:16.04	<b>8-May-10</b>	WAM	Mary Plant at Club Championships 1 2010
	200 Breast	5:03.99	<b>1-May-10</b>	WAM	Mary Plant at Masters Swimming WA State Championships 2010
	400 Breast	10:38.35	<b>14-Jun-08</b>	WAM	Pam Badani at Armadale Aerobics 2008
	800 Breast	21:37.45	<b>29-Jun-10</b>	WAM	Maria Plant at Armadale Aerobics 2010
70-74	25 Free	26.06	<b>4-Jul-10</b>	WAM	Lexie Rankin at Swan Hills BACC
	50 Free	58.43	<b>5-Jul-09</b>	WAM	Lexie Rankin at Swan Hills BACC 2009
	100 Free	2:22.72	<b>28-Aug-10</b>	WAM	Lexie Rankin at Armadale Club Championships 4 2010
	200 Free	5:11.99	<b>4-Jul-09</b>	WAM	Lexie Rankin at Armadale Club Championships 3 2009
	400 Free	11:36.51	<b>14-Jun-12</b>	WAM	Lexie Rankin at Armadale Aerobics 2012
	25 Breast	31.94	<b>4-Jul-10</b>	WAM	Lexie Rankin at Swan Hills BACC
	50 Breast	1:12.64	<b>6-Jun-09</b>	WAM	Lexie Rankin at Armadale Club Championships 2 2009
	100 Breast	2:43.61	<b>8-May-10</b>	WAM	Lexie Rankin at Club Championships 1 2010
	200 Breast	5:47.77	<b>15-Aug-09</b>	WAM	Lexie Rankin at Armadale Club Championships 4 2009

## Armadale Masters Swimming

### RECORDS Armadale Masters SC

#### SC Meters-Male

20-23	100 Free Relay	58.42	<b>23-Aug-08</b>	WAM	Fettes Falconer, Charles Croft, Gordon Gillam, Craig Bean
	100 Medley Relay	1:13.57	<b>23-Aug-08</b>	WAM	Graham Hicks, Charles Croft, Fettes Falconer, Craig Bean
25-29	25 Free	13.50	<b>11-Aug-12</b>	WAM	Kevin Wright at Armadale Club Championships 7 2012
	50 Free	30.74	<b>9-Jun-12</b>	WAM	Kevin Wright at Armadale Club Championships 5 2012
	100 Free	1:10.68	<b>9-Jun-12</b>	WAM	Kevin Wright at Armadale Club Championships 5 2012
	200 Free	2:48.52	<b>14-Jul-12</b>	WAM	Kevin Wright at Armadale Club Championships 6 2012
	400 Free	6:21.06	<b>14-Jun-12</b>	WAM	Kevin Wright at Armadale Aerobics 2012
	800 Free	12:27.77	<b>13-Sep-12</b>	WAM	Kevin Wright at Armadale Aerobics 2012
	25 Breast	25.99	<b>14-Jul-12</b>	WAM	Kevin Wright at Armadale Club Championships 6 2012
35-39	25 Free	13.82	<b>23-Aug-08</b>	WAM	Craig Bean at State Championships 2008
	50 Free	30.49	<b>27-Sep-08</b>	WAM	Craig Bean at Armadale Club Championship 5 2008
	100 Free	1:07.24	<b>23-Aug-08</b>	WAM	Craig Bean at State Championships 2008
	200 Free	2:58.73	<b>28-Jun-08</b>	WAM	Craig Bean at Armadale Club Championship 2 2008
	400 Free	6:16.54	<b>23-May-09</b>	WAM	Craig Bean at Armadale Aerobics 2009
	50 Breast	41.63	<b>13-Jun-10</b>	WAM	Craig Bean at Mandurah BACC 2010
	100 Breast	1:31.07	<b>29-Nov-09</b>	WAM	Craig Bean at Osborne park BACC 2009
	200 Breast	3:27.45	<b>30-Aug-08</b>	WAM	Craig Bean at Armadale Club Championship 4 2008
	400 Breast	7:48.29	<b>14-Jun-08</b>	WAM	Craig Bean at Armadale Aerobics 2008
	800 Breast	16:14.14	<b>7-Jun-08</b>	WAM	Craig Bean at Armadale aerobics 2008
25 Fly	15.69	<b>29-Nov-09</b>	WAM	Craig Bean at Osborne park BACC 2009	
40-44	25 Free	15.93	<b>1-Oct-11</b>	WAM	Colin Gibson at Armadale Club Championships 8 2011
	50 Free	36.18	<b>19-Jun-11</b>	WAM	Colin Gibson at Mandurah BACC 2011
	100 Free	1:24.72	<b>19-Jun-11</b>	WAM	Colin Gibson at Mandurah BACC 2011
	200 Free	3:23.19	<b>1-Oct-11</b>	WAM	Colin Gibson at Armadale Club Championships 8 2011
	400 Free	7:16.61	<b>11-Aug-11</b>	WAM	Colin Gibson at Armadale Aerobics 2011
	800 Free	15:09.46	<b>11-Aug-11</b>	WAM	Colin Gibson at Armadale Aerobics 2011
	1500 Free	29:53.26	<b>27-Oct-11</b>	WAM	Colin Gibson at Armadale Aerobics 2011
	100 Back	1:58.27	<b>19-Jun-11</b>	WAM	Colin Gibson at Mandurah BACC 2011
	100 Breast	1:57.71	<b>4-Jun-11</b>	WAM	Simon Stiles at Armadale Club Championships 4 2011
45-49	50 Free	36.28	<b>5-Jul-09</b>	WAM	Tony Debono at Swan Hills BACC 2009
	100 Free	1:25.22	<b>13-Jun-10</b>	WAM	John Moore at Mandurah BACC 2010
	200 Free	2:53.81	<b>5-Jul-09</b>	WAM	Tony Debono at Swan Hills BACC 2009
	400 Free	7:03.60	<b>17-May-12</b>	WAM	Colin Gibson at Armadale Aerobics 2012
	800 Free	15:20.19	<b>17-May-12</b>	WAM	Colin Gibson at Armadale Aerobics 2012
	25 Breast	20.94	<b>5-Jul-09</b>	WAM	Tony Debono at Swan Hills BACC 2009
	50 Breast	44.69	<b>25-Oct-08</b>	WAM	Chris Millard at Armadale Club Championship 6 2008
	100 Breast	1:45.76	<b>5-Jul-09</b>	WAM	Chris Millard at Swan Hills BACC 2009
	200 Breast	3:49.76	<b>15-Aug-09</b>	WAM	Chris Millard at Armadale Club Championships 4 2009
	400 Breast	8:23.30	<b>5-Sep-09</b>	WAM	Chris Millard at Armadale Aerobics 2009
100 IM	1:43.27	<b>18-Sep-10</b>	WAM	Chris Millard at Armadale Club Championships 5 2010	
50-54	25 Free	15.23	<b>12-May-12</b>	WAM	Gregory Frey at Armadale Club Championships 4 2012
	50 Free	30.51	<b>27-Sep-08</b>	WAM	Garry Howard at Armadale Club Championship 5 2008
	100 Free	1:13.16	<b>19-Jun-11</b>	WAM	Gregory Frey at Mandurah BACC 2011
	200 Free	2:44.40	<b>2-Jul-11</b>	WAM	Gregory Frey at Armadale Club Championships 5 2011
	400 Free	6:04.66	<b>7-Aug-10</b>	WAM	Gregory Frey at Armadale Aerobics 2010
	800 Free	12:43.80	<b>16-Jun-11</b>	WAM	Gregory Frey at Armadale Aerobics 2011
	1500 Free	28:14.82	<b>27-Oct-11</b>	WAM	Ross Doherty at Armadale Aerobics 2011
	25 Back	20.12	<b>1-Oct-11</b>	WAM	Gregory Frey at Armadale Club Championships 8 2011
50 Back	41.53	<b>12-May-12</b>	WAM	Gregory Frey at Armadale Club Championships 4 2012	

## Armadale Masters Swimming

### RECORDS Armadale Masters SC

50-54	100 Back	1:19.98	<b>27-Sep-08</b>	WAM	Garry Howard at Armadale Club Championship 5 2008
	200 Back	4:20.79	<b>30-Aug-08</b>	WAM	Ross Doherty at Armadale Club Championship 4 2008
	400 Back	9:15.90	<b>16-Jun-11</b>	WAM	Ross Doherty at Armadale Aerobics 2011
	25 Breast	20.42	<b>9-Jun-12</b>	WAM	Gregory Frey at Armadale Club Championships 5 2012
	50 Breast	44.01	<b>15-Jun-08</b>	WAM	Peter Escott at Mandurah BACC 2008
	100 Breast	1:38.62	<b>27-Sep-08</b>	WAM	Peter Escott at Armadale Club Championship 5 2008
	200 Breast	3:32.94	<b>30-Aug-08</b>	WAM	Peter Escott at Armadale Club Championship 4 2008
	400 Breast	7:26.73	<b>2-Aug-08</b>	WAM	Peter Escott at Armadale Aerobics 2008
	25 Fly	18.41	<b>27-Nov-11</b>	WAM	Gregory Frey at Osborne Park BACC 27.11.11
	50 Fly	41.86	<b>24-Jun-12</b>	WAM	Gregory Frey at Mandurah BACC 2012
	100 IM	1:28.06	<b>27-Nov-11</b>	WAM	Gregory Frey at Osborne Park BACC 27.11.11
	200 IM	3:24.47	<b>1-Oct-11</b>	WAM	Gregory Frey at Armadale Club Championships 8 2011
55-59	25 Free	14.59	<b>23-Aug-08</b>	WAM	Graham Hicks at State Championships 2008
	50 Free	31.88	<b>27-Sep-08</b>	WAM	Graham Hicks at Armadale Club Championship 5 2008
	100 Free	1:13.07	<b>19-Jun-11</b>	WAM	Graham Hicks at Mandurah BACC 2011
	200 Free	2:47.14	<b>29-Nov-09</b>	WAM	Graham Hicks at Osborne park BACC 2009
	400 Free	5:54.60	<b>9-Oct-10</b>	WAM	Graham Cragg at Armadale Aerobics 2010
	800 Free	12:24.59	<b>23-Oct-10</b>	WAM	Graham Cragg at Armadale Aerobics 2010
	1500 Free	25:26.55	<b>27-Oct-11</b>	WAM	Graham Hicks at Armadale Aerobics 2011
	25 Back	19.31	<b>1-Jul-12</b>	WAM	Graham Cragg at Swan Hills BACC 2012
	50 Back	43.54	<b>27-Nov-11</b>	WAM	Graham Hicks at Osborne Park BACC 27.11.11
	100 Back	1:36.53	<b>4-Jun-11</b>	WAM	Graham Hicks at Armadale Club Championships 4 2011
	200 Back	3:36.66	<b>15-Aug-09</b>	WAM	Graham Hicks at Armadale Club Championships 4 2009
	400 Back	6:57.18	<b>9-Oct-10</b>	WAM	Graham Cragg at Armadale Aerobics 2010
	800 Back	19:45.20	<b>28-Aug-12</b>	WAM	Jeffrey Sanders at Armadale Aerobics 2012
	25 Breast	17.15	<b>1-Jul-12</b>	WAM	Graham Cragg at Swan Hills BACC 2012
	50 Breast	38.56	<b>13-Jun-10</b>	WAM	Graham Cragg at Mandurah BACC 2010
	100 Breast	1:26.14	<b>24-Jun-12</b>	WAM	Graham Cragg at Mandurah BACC 2012
	200 Breast	3:19.89	<b>2-Jul-11</b>	WAM	Graham Cragg at Armadale Club Championships 5 2011
	400 Breast	6:35.09	<b>28-Jun-11</b>	WAM	Graham Cragg at Armadale Aerobics 2011
	800 Breast	14:11.54	<b>27-Apr-10</b>	WAM	Graham Cragg at Armadale Aerobics 2010
	25 Fly	22.60	<b>5-Jul-09</b>	WAM	Charles Croft at Swan Hills BACC 2009
	100 IM	1:22.72	<b>24-Jun-12</b>	WAM	Graham Cragg at Mandurah BACC 2012
	60-64	25 Free	15.12	<b>1-Jul-12</b>	WAM
50 Free		33.42	<b>8-Sep-12</b>	WAM	Graham Hicks at Armadale Club Championships 8 2012
100 Free		1:15.40	<b>24-Jun-12</b>	WAM	Graham Hicks at Mandurah BACC 2012
200 Free		3:03.19	<b>23-Aug-08</b>	WAM	Fettes Falconer at State Championships 2008
400 Free		6:29.63	<b>14-Jun-12</b>	WAM	Graham Hicks at Armadale Aerobics 2012
800 Free		13:36.53	<b>26-Jun-12</b>	WAM	Graham Hicks at Armadale Aerobics 2012
1500 Free		27:55.25	<b>27-Oct-11</b>	WAM	Charles Croft at Armadale Aerobics 2011
25 Back		23.50	<b>9-Jun-12</b>	WAM	Charles Croft at Armadale Club Championships 5 2012
50 Back		43.85	<b>1-Jul-12</b>	WAM	Graham Hicks at Swan Hills BACC 2012
100 Back		1:36.19	<b>8-Sep-12</b>	WAM	Graham Hicks at Armadale Club Championships 8 2012
200 Back		3:49.39	<b>14-Jul-12</b>	WAM	Graham Hicks at Armadale Club Championships 6 2012
400 Back		7:49.08	<b>14-Jun-12</b>	WAM	Graham Hicks at Armadale Aerobics 2012
25 Breast		20.92	<b>6-Aug-11</b>	WAM	Charles Croft at Armadale Club Championships 6 2011
50 Breast		45.06	<b>24-Jun-12</b>	WAM	Charles Croft at Mandurah BACC 2012
100 Breast		1:38.97	<b>19-Jun-11</b>	WAM	Charles Croft at Mandurah BACC 2011
200 Breast		3:36.49	<b>1-Oct-11</b>	WAM	Charles Croft at Armadale Club Championships 8 2011
400 Breast		8:03.96	<b>30-Aug-11</b>	WAM	Charles Croft at Armadale Aerobics 2011
800 Breast		16:38.66	<b>11-Aug-11</b>	WAM	Charles Croft at Armadale Aerobics 2011
25 Fly		19.50	<b>23-Aug-08</b>	WAM	Fettes Falconer at State Championships 2008
50 Fly		48.29	<b>6-Jun-09</b>	WAM	Fettes Falconer at Armadale Club Championships 2 2009
100 IM		1:34.61	<b>24-Jun-12</b>	WAM	Graham Hicks at Mandurah BACC 2012

## Armadale Masters Swimming

---

### RECORDS Armadale Masters SC

65-69	50 Free	36.80	<b>8-Sep-12</b>	WAM	Fettes Falconer at Armadale Club Championships 8 2012
	100 Free	1:22.28	<b>8-Sep-12</b>	WAM	Fettes Falconer at Armadale Club Championships 8 2012
	400 Free	7:02.74	<b>13-Sep-12</b>	WAM	Fettes Falconer at Armadale Aerobics 2012
	25 Fly	24.31	<b>8-Sep-12</b>	WAM	Fettes Falconer at Armadale Club Championships 8 2012
75-79	50 Free	51.68	<b>24-Jun-12</b>	WAM	Stanley Brandwood at Mandurah BACC 2012
	100 Free	1:54.52	<b>1-Jul-12</b>	WAM	Stanley Brandwood at Swan Hills BACC 2012
	400 Free	9:04.15	<b>29-May-12</b>	WAM	Stanley Brandwood at Armadale Aerobics 2012
	25 Back	29.73	<b>14-Jul-12</b>	WAM	Stanley Brandwood at Armadale Club Championships 6 2012
	50 Back	1:02.38	<b>24-Jun-12</b>	WAM	Stanley Brandwood at Mandurah BACC 2012
	100 Back	2:25.96	<b>9-Jun-12</b>	WAM	Stanley Brandwood at Armadale Club Championships 5 2012
	200 Back	5:12.81	<b>14-Jul-12</b>	WAM	Stanley Brandwood at Armadale Club Championships 6 2012
	25 Fly	29.69	<b>1-Jul-12</b>	WAM	Stanley Brandwood at Swan Hills BACC 2012

## Armadale Masters Swimming

---

### RECORDS Armadale Masters SC

#### SC Meters-Mixed

12-15	200 Free Relay	2:22.69	<b>29-Nov-09</b>	WAM	Nicole Badani, Gillian Caruso, Craig Bean, Chris Millard
	200 Medley Relay	3:16.17	<b>19-Jun-11</b>	WAM	Heather Jeps, Simon Stiles, Jacqueline Briggs, Colin Gibson
16-19	100 Free Relay	1:06.42	<b>5-Jul-09</b>	WAM	Nicole Badani, Chris Millard, Gillian Caruso, Fettes Falconer
	200 Free Relay	2:28.01	<b>5-Jul-09</b>	WAM	Nicole Badani, Charles Croft, Gillian Caruso, Fettes Falconer
	400 Free Relay	5:53.98	<b>1-Jul-12</b>	WAM	Jeff Sanders, Gillian Caruso, Heather Jeps, Greg Frey
	800 Free Relay	13:49.33	<b>4-Jul-10</b>	WAM	Gillian Caruso, Chris Millard, Linda Cragg, Jeffrey Sanders
	100 Medley Relay	1:16.29	<b>1-Jul-12</b>	WAM	Gillian Caruso, Heather Jeps, Greg Frey, Graham Cragg
	200 Medley Relay	2:51.83	<b>29-Nov-09</b>	WAM	Gillian Caruso, Charles Croft, Nicole Badani, Fettes Falconer
20-23	100 Free Relay	1:14.58	<b>1-Jul-12</b>	WAM	Gillian Caruso, Jeff Sanders, Linda Cragg, Stan Brandwood
	200 Free Relay	2:40.74	<b>24-Jun-12</b>	WAM	Graham Hicks, Yvonne Hunt, Greg Frey, Linda Cragg
	100 Medley Relay	1:36.88	<b>5-Jul-09</b>	WAM	Jeff Sanders, Yvonne Hunt, Fettes Falconer, Heather Croft
	200 Medley Relay	3:04.45	<b>15-Jun-08</b>	WAM	Graham Hicks, Heather Croft, Gillian Caruso, Peter Escott
24-27	200 Free Relay	3:01.75	<b>19-Jun-11</b>	WAM	Liz Dunn, Charles Croft, Maria Plant, Fettes Falconer
	200 Medley Relay	3:34.20	<b>13-Jun-10</b>	WAM	Jeff Sanders, Charles Croft, Fettes Falconer, Maria Plant
28-31	200 Free Relay	3:31.54	<b>24-Jun-12</b>	WAM	Stan Brandwood, Lexie Rankin, Charles Croft, Maria Plant